

Dringhouses Primary School

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Deputy Headteacher: Mrs C Scott-South
Chair of Governors: Mrs D Grayson

Headteacher: Mrs G Williams

Assistant Headteacher: Miss M-K Swiers
School Business Manager: Mrs R Wallace

29 November 2018

Dear Parent(s)/Carer(s)

Nut-Based Products in School

As you may be aware, we have a pupil in our reception class who has a severe allergy to nuts. The pupil's anaphylaxis (allergic reaction) can occur as a result of digestion, inhalation or any other contact with nut-based products.

We already have a "nut-free" policy in school and we are writing to remind you not to send your child into school with any nut-based product for a snack or packed lunch – this includes products that may contain traces of nuts. Potential allergens could include the following:

- Spreads, e.g. chocolate spread
- Cereal bars
- Some types of biscuit containing nuts
- Condiments, e.g. satay sauce
- Cakes containing nuts or nut essences (e.g. almond essence)
- Some snack pots containing nuts

It is important that you check the labelling of food products before sending your child in to school with them – it is not always apparent that products contain nuts or traces of nuts.

A further measure we are taking to prevent cross-contamination is to have separate seating areas for hot and packed lunches.

Official hospital guidelines state that, if children consume any nut-based products before school, they should wash their hands thoroughly and rinse their mouth before entering the school grounds. We understand that these measures may seem extreme, however we want to ensure the health and safety of all our pupils. The pupil in question has an allergy so severe that even the slightest contact with nuts would cause a severe and potentially life-threatening reaction.

Due to the severity of the pupil's allergy, if any pupil is found with a nut-based product, the school will confiscate the item immediately.

Thank you in advance for your understanding and co-operation in this matter.

Yours sincerely

Gill Williams
Headteacher



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