

Summer Term - Date: 20.05.2022

#### Talking Head

Another couple of weeks, another set of Triathlons, and dodgeball championships (artistic licence allowed) completed! Although this half-term is a short one, we've certainly been packing in a lot of stuff!

The weather is allowing us some great opportunities to get out and about, finally making use of the field opposite, running across the cricket pitch with our football boots on.

The PTA meetings are powering ahead with Chia leading a bright and new future with a great set of family members bringing expertise and opinion to the party (there's wine and cheese, so it's definitely a party), alongside some thought-provoking discussion at the pub afterwards...you should come -I think you'd enjoy it!

Anyhow, enjoy the weather...it's set to be a scorcher this weekend. I think.

See you on the playground!

Ben Sutton | Headteacher

#### Wellbeing Watch

Mental Health Awareness Week 9-15 May 2022

As part of this year's mental health awareness week, the children learnt about loneliness and how it can affect anyone. We looked at practical steps to address it and took part in 'Random Acts of Kindness' activities....

We have seen some really lovely acts of kindness in school such as children:

- Giving each other a thumbs up for their effort/attitude
- Leaving a little picture or note in a classmate's draw or locker
- Sharing a book at lunchtime with a younger child
- Taking time to talk to a MSA and to say thank you for the work they do
- Litter picking in the playground
- Holding the door open even though they were really keen to get on the playground.
- Donating toys to charity
- Pledging to do more in their local community
- Smiling at someone they might nor normally notice.

Long-term loneliness is closely linked to mental health problems such as depression and anxiety so raising awareness is key.

### NEW Αρρ!

We've **STILL** got a new Family Communication App called 'Scholar Pack'.

We're going to send all of our messages out using the app - head bump, first aid, trip information, newsletter, Timeout Letters.

We're replacing text (SMS) messages with this app, so please make sure you download the app and get logged in - the office will already have sent you an email with details about how to do this, but the app

https://apps.apple.com/gb/a pp/scholarpack-parents/id14 85548694

links are here too:

https://play.google.com/stor e/apps/details?id=com.schol arpack.parent&hl=en\_GB&gl =US

And a video about how to use it....

https://www.youtube.com/w atch?v=qTSAs3efUak





If you know someone who is struggling with their mental health, the following website has some great links to services and organisations that offer help and support. https://www.mentalhealth.org.uk/you r-mental-health/getting-help



## Y2 SATs

The SATs for Key Stage 1 have been expertly completed this week...everyone gave it their best shot, and we're proud of all of the children and the entire team for their effort.

Enjoy a lovely relaxing weekend!



#### HOWZZZZZAAAAT??????!!!!

# This is our game.

NOTON CRICKE

WDED

Ovington Cricket Club Little Knavesmire

Starting from Sunday 15th May 11.30am - 12.30pm