



Dring Digest w/e 10th March 2023

Dear Parents/Carers,

➤ **School Attendance Matters**

Not going to school every day can make your child more worried about going in.

#GoingInNotMissingOut

For more information on school absence in York visit:
www.york.gov.uk/SchoolAttendance



➤ **Nut Free School**

Polite reminder that we are nut free school. For health and safety reasons please ensure that any snacks or packed lunch items **do not** contain any nuts. Thanks.

➤ **Pre-ordering School Meals – ACTION REQUIRED**

- The cost of food and ingredients is continuing to rise at an alarming rate.
- We want to be able to offer all of our children a nutritious and healthy balanced meal each day at a price that is affordable for all.
- To do this, we are looking at ways we can control our food production costs.

The best way that we can do this is by asking our families to pre-order their child's meals **at least one week in advance** so we can accurately predict our required food order for production the following week to avoid unnecessary over-spends and reduce waste.

Please pre-order your child's meal requirements for the following week by Thursday of the current week at the latest.

Pre-orders can be made using your child's parent pay account.

If pre-orders for meals have not been placed for the following week or your child does not have a packed lunch from home, then your child will be offered the option of a jacket potato with the filling of the day or you will be asked to bring them a packed lunch into school.

We hope that by families helping us with this mitigating measure that we can continue to hold our current meal price and avoid any cost increases.

➤ **Families North Yorkshire- Magazine, March/April 2023**

https://issuu.com/familiesonline/docs/north_yorkshire_digital_ma23?fr=sMTdkZDU4NTA3NTg&utm_source=BenchmarkEmail&utm_campaign=Distribution_Points_Mag_Link_March%2fApril_23&utm_medium=email

➤ **PGL Reminder – Year 5 only**

Please ensure that you pack plenty of warm clothing for next week's residential and also please remember that you will need a packed lunch on Monday.

➤ **Parents Evening**

Parents evening will be held in school on Tuesday 21st March from 3:30pm-6:30pm and Thursday 23rd March 3:30-5:30pm. A link will be sent to you very soon to book your appointment.

What Parents & Carers Need to Know about iPADS

Apple debuted the first iPad in 2010, kickstarting the tablet market, and it remains the best-selling tablet to this day. Although Apple doesn't offer a child-specific version, iPads are hugely popular with youngsters due to their ease of use and endless choice of apps. There's a selection of models, with different-sized screens and distinct features – including the standard iPad; the iPad Air; the iPad Pro; and the iPad mini. Thankfully, they all offer parental controls so you can regulate how your child uses the device ... and how long they spend on it.

WHAT ARE THE RISKS?

PHYSICAL DAMAGE

While some tablets (such as the Amazon Fire Kids editions) come with rugged shock-proof cases, iPads aren't built for rough and tumble. They're also more expensive than most other tablets, and any damage your child's iPad suffers could be costly to repair. Buying a child-friendly case and screen protector for the device could be a wise move, especially if it's being used by younger ones.

SCREEN ADDICTION

Like most digital devices, tablets have the potential to become quite addictive. You might find your child spending too long staring at their iPad, which could lead to irritability, mood swings and a loss of interest in more important tasks. If this happens, be sure to visit the built-in screen time settings and ensure you limit how long they're able to spend on the device each day.

INAPPROPRIATE CONTENT

18
CENSORED

Even if it would never occur to your child to go searching online for age-inappropriate sites, apps or information, there's always a possibility that something unexpected – perhaps a video that auto-plays or content incorrectly suggested by an algorithm – could appear on their tablet and upset them. You can help prevent this by adjusting the content settings (see our 'top tips' section below).

SIRI SUGGESTIONS

The parental controls built into iOS (the fundamental operating system of Apple devices) enable you to block access to most age-inappropriate content – but your child could potentially still bypass these restrictions (either accidentally or deliberately) by using Siri, Apple's voice-activated digital assistant. To avoid this, toggle the 'Ask Siri' functions to 'off' in the iPad's settings menu.

Advice for Parents & Carers

ENABLE FAMILY SHARING

Before letting little ones loose on an iPad, it's a good idea to set up Family Sharing, as this lets you utilise the parental controls to manage exactly how your child is able to use the device. You can do this fairly easily by going into the iPad's settings; once there, you'll be able to add an existing Apple account (if your child already has one) or set one up from scratch.

APPLY SOME LIMITS

The 'Downtime' function allows you to tell the iPad to lock itself at certain periods (at mealtimes or before bed, for instance), while 'App Limits' removes access to certain apps once they've been used for a specified length of time each day. The iPad can display a reminder when these limits have nearly been reached, letting your child mentally prepare for the end of their gaming or viewing time.

STOP ACCIDENTAL SPENDING

To empower your child with an increased sense of freedom on their device (without giving yourself something else to worry about in the process) you could enable the iPad's 'Ask to Buy' feature. Whenever your child tries to download or buy an app, game or product, the iPad sends you a request to approve (or deny!) it. This option only becomes available if you've set up Family Sharing.

SET CONTENT AND PRIVACY RESTRICTIONS

The parental controls can stop the iPad from displaying explicit or age-inappropriate content (in apps like iTunes and Safari, for instance) when your child is signed into their account. You'll also be able to restrict the capacity to download and install apps, and you can specify permissions which prevent children from changing the iPad's privacy settings once you've selected them.

TRACK IT DOWN

Just like the iPhone, Apple's iPads have 'Find My' software to help you locate your child's iPad – or indeed, any linked Apple devices that have gone AWOL, including phones, watches and AirPods. If you enable 'Find My' in the settings menu, it will display the last known location of an iPad that's been mislaid, as well as giving you the option to lock a missing iPad that you suspect has been stolen.

Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech tabloid The Inquirer, Carly is now a freelance technology journalist, editor and consultant.



NOS National Online Safety®
#WakeUpWednesday

COMMUNITY NOTICES



The poster is titled 'EASTER STORYWORLD ADVENTURES EGGSTRAVANZA!' in a playful, hand-drawn style. It features a circular logo for 'STORYWORLD ADVENTURES Multisensory Storytelling' in the top left corner, showing children reading and playing. A string of colorful bunting hangs across the top. A white cloud is in the top right. The main text is in large, blue, hand-drawn letters. A light brown, torn-edge paper box contains a story prompt about an Easter bunny. To the right, a list of activities is provided. Ticket prices are listed below. The date and times for two locations are in green. The bottom of the poster is decorated with several colorful, patterned Easter eggs and small flowers. A yellow speech bubble at the bottom right contains information about who is welcome.

STORYWORLD ADVENTURES
Multisensory Storytelling

EASTER

STORYWORLD ADVENTURES EGGSTRAVANZA!

The Easter bunny has packed his basket full of eggs, but there's too many and he can't carry it! Can we find a way of helping deliver the eggs to save Easter for all the boys and girls across the world?

The 1.5 hour experience includes:

- * Easter basket craft
- * Easter wreath
- * Egg Hunt

Tickets £15
Siblings £10

FRIDAY APRIL 7TH
WILBERFOSS COMMUNITY CENTRE,
10.30-12.00
FOXWOOD COMMUNITY CENTRE.
2.00-3.30

Children up to 6yrs, older siblings welcome, babes in arms free.



HAPPY EASTER

FREE

TO KIDS WHO
RECEIVE
BENEFITS
RELATED FREE
SCHOOL
MEALS

KEEP YOUR
CHILDREN BUSY
THIS EASTER WITH OUR

HAF Sports & Dance

ACTIVITY CAMPS

! **FREE
MEAL**
PROVIDED



Ages: 5-12 years



**Poppleton Road
Memorial Hall**
Oak Street, Holgate,
York YO26 4SE



HAF Holiday Camps
9:30am - 1:30pm



Easter Holidays:

📅 **Week 1:** 3rd-6th April

📅 **Week 2:** 11th-14th April



Require Help?
Call 01482 218 753



Information

Children will be provided
with a free, healthy lunch
and will take part in a
nutritional workshop



BOOK TODAY

bit.ly/poppleton-easter-23

COVID-19
SAFE

Happy Healthy Holidays

WHAT: Holiday Football Fun Course

WHEN: Monday 3rd - Thursday 6th April

WHERE: Huntington Secondary School YO32 9WT

TIME: 10am to 3pm

REFRESHMENTS: Water, snacks and packed lunch will be provided

WHO: Families eligible for benefits-related free school meals living in York



FOUNDATION



How to book: Enter the following code YCFCE23 at https://officialsoccerschools.co.uk/yorkcity/york-city-courses/multi_activity.html

This secures your space and means you are COMMITTED to attend all course dates. You can book one or both courses. Spaces are LIMITED with bookings closing Friday 17th Mar 4pm. These FREE Holiday courses are designed to give young people the opportunity to get active this school holiday. Please note that if you booked onto a previous course and did not take up your space we reserve the right to withdraw bookings.

Underwater Hockey – Why not give it a go.....?

We're currently looking for new members, and as part of that aim we're hoping to get some interest from younger people, as historically the club had many junior members who even competed at junior national tournaments. We are running a free "Give it a go" session on Saturday 11th March 15:00-16:00 at Yearsley Swimming Pool and would be delighted if we could introduce the sport to some new, enthusiastic members! I'm hoping to reach out to Year 5 and 6 aged students to foster some interest and was wondering if it is any way possible to facilitate this through local schools, which would be very much appreciated! I'm happy to discuss any appropriate means that we can reach out in coordination with schools.

Further details about our club and specifics of the event can be found in the link to our facebook page in the email signature below, but the only requirement we have for people who want to give it a try is that they are confident swimming at least a length of a pool, and happy with trying to dive to the bottom of the pool. All that people need to bring is a swimming costume and some socks to wear under fins. We will supply all equipment including:

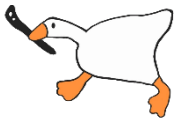
- Fins
- Mask
- Snorkel
- Hats
- Gloves

Sticks

As the club is a British Octopush Association member, we are also covered by their insurance policy, and have attached a letter with details. I have also attached a leaflet detailing the time and place for the session.

Apologies if this is not the best contact to use for this request, please let me know if a more appropriate contact exists!

Best Regards,
Sam Birt



York Octopush Club

Underwater Hockey...
The Reason You Learnt To Swim!

A cartoon illustration of various aquatic animals playing underwater hockey in a pool. A green frog is on the left, a blue walrus is on the right, a brown crab is in the center, and a blue turtle is at the bottom. They are all holding hockey sticks and a puck is visible on the pool floor. The background shows the tiled bottom of a swimming pool.

FUN for aquatic animals of all kinds!

Contact:
yorkoctopush@gmail.com
Give it a go! 3-4pm Saturday 11th March
Yearsley Swimming Pool

The logo for the British Octopush Association, featuring a stylized octopus head inside a circle with the text "BRITISH OCTOPUSH ASSOCIATION" around it.

WWW.GBUWH.CO.UK

The logo for Mini Athletics, featuring the words "MINI" in blue and "ATHLETICS" in green, with a red swoosh underneath. It is enclosed in a circular frame with a gold border.

**MINI
ATHLETICS®**

**SUPERSTAR
HOLIDAY CAMP**



The Mini Athletics Superstar Holiday Camp

Monday 3rd – Wednesday 5th April
Manor Church of England Academy
8.30am -12.30pm

Open to children in Reception, Year 1, Year 2 and Year 3
£15 per child per day

FREE PLACES for children who are in receipt of benefits related free school meals through the Government's Holiday Activities and Food (HAF) programme.

Email rwilson@miniathletics.com to book your free place

All children will receive a healthy breakfast and packed lunch.
To book your place go to www.miniathletics.com/holiday-camps

THE SUPERSTAR HOLIDAY CAMP



www.miniathletics.com



Easter Holiday workshops

A programme of free events, for children eligible for free school meals. All sessions are 10:00-12:00 and children will get a choice of meal in the library cafe afterwards.

Circus Skills for ages 8+

Lively and creative circus skills session. Scarf juggling, plate spinning, diabolo flipping, balloon balancing fun!

Acomb Explore	Monday 3 April
Tang Hall Explore	Tuesday 11 April
York Explore	Wednesday 12 April



Hoglets Workshop for ages 5+

We will be using drama, puppetry, craft, movement, storytelling and fun to explore how we think and feel.

Workshop 1 will be investigating how our feelings look to those around us with the use of craft, music and movement.

Workshop 2 will be exploring how our feelings affect our bodies using drama, puppetry and storytelling.

York Explore	Session 1 Mon 3 April,	Session 2 Thurs 6 April
Acomb Explore	Session 1 Tues 4 April,	Session 2 Thurs 13 April
Tang Hall Explore	Session 1 Weds 5 April,	Session 2 Weds 12 April

Children can attend one or both sessions.

All children aged 8 and under must be supervised by an adult

Craft & Create for ages 5+

Get creative and enjoy making some spring themed crafts. Have hands on fun and choose from seasonal activities such as sock bunnies and Easter garlands.

Tang Hall Explore	Tuesday 4 April
Acomb Explore	Friday 14 April

All children aged 8 and under must be supervised by an adult



Comic Illustration for ages 11+

Whether your head is already filled with ideas, or you have a passing interest in comics, learn tips and tricks to tell your story! No prior knowledge is required, only an interest in drawing and telling stories

Acomb Explore	Saturday 1 April
York Explore	Monday 3 April
Tang Hall Explore	Saturday 15 April

Booking essential.

Please email lyndsay.glover@exploreymork.org.uk to secure your place.

explore
Libraries and Archives