

Dring Digest w/e 21st April 2023

Dear Parents/Carers,

➤ **School Attendance Matters**



#GoingInNotMissingOut

➤ **OPAL Bingo**

Introducing OPAL bingo! Each class has been given a bingo board with lots of items to collect – anything from a wooden spoon to a scooter – when a class collects all the ‘loose parts’ on their board and calls bingo they will get 15 minutes extra OPAL time! If a class calls bingo and has collected their starred item, they will win 30 MINUTES extra time!! Please see our websites ‘Play’ page for your Childs/Children’s bingo board, under the ‘Help Us Out’ tab. <https://dringhousesprimary.org/play/>

➤ **Calling all local businesses - Would you like to sponsor a planter?**

You could have your business name on one of our 3 new planters outside the front office for all visitors to see. An 8 x 6 inch plaque with your business name on would cost you just £50. The money raised would help fund the planters and the front garden of our school.

Your business name would be on the planter for at least 2 years - that's 2 years of advertising for your business for just £50

If you are interested - please contact Clare smith on csmith@dringhouses.co.uk or call in to the office. Thank you

➤ **Strike Days**

There are another 2 days of industrial action planned for 27th April and 2nd May. The schools response will be to let parents know by 8am at latest on the morning of the strike how your child's class might be affected. Staff planning to take industrial action are under no legal obligation to inform the school in advance of their intended actions.

➤ **Time Out Letters**

Please note that with immediate effect timeout letters will now be emailed to parents/carers rather than the children bringing them home themselves. A text or app message will be sent to notify you that an email has been sent.

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many areas which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about OFCOM'S 'CHILDREN AND PARENTS: MEDIA USE AND ATTITUDES' REPORT 2023

Each year, Ofcom – Britain's regulatory body for communications – produces an overview of children and parents' media experiences across the previous year. The latest version has just been released, and we've pulled out some of the report's most thought-provoking findings which relate to online safety ...

97%

of children had access to the internet at home in 2022

89%

of children played video games

25%

played with people they didn't know

22%

talked to people they didn't know

POPULAR PLATFORMS

Most used by under-18s were ...



YouTube: 88%



WhatsApp: 55%



TikTok: 53%

Snapchat: 46%

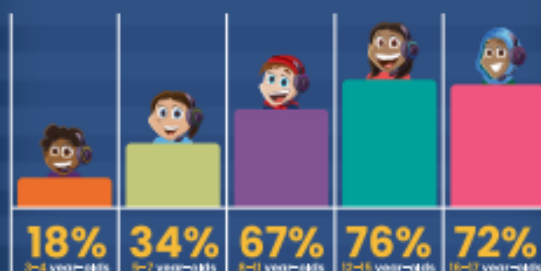


Instagram: 41%

LIVE

PLAYING GAMES ONLINE

Who's playing – and at which age?



TALE OF THE TECH

Devices most often used to go online:



PARENTAL CONCERNS

Parents and carers most commonly worried about their child ...

75%

seeing age-inappropriate content



70%

being cyber-bullied online

70%

seeing pro-self-harm content

65%

giving out personal details to strangers



65%

having their data collected by companies



National Online Safety
#WakeUpWednesday

Do*H! 3 in 10

children had experienced someone being nasty or hurtful to them on apps or platforms.

70%

of 12 to 17-year-olds were confident in their ability to identify a fake profiles. But 23% were unable to do so when tested.



£38

children's average monthly spend on video games

Autism Support Group

Virtual Drop in Session



for Parents and Carers

Grab a cuppa and join us for a chat twice a month

- **6-7pm On the first Wednesday of every Month.**
- **10-11am On the third Tuesday of every Month.**

Hosted via MS Teams

To attend please email

susan.mcnaught-boyd@northyorks.gov.uk

lois.boothman@northyorks.gov.uk

louise.rowley@northyorks.gov.uk



Autism
Community
Connector and
Engagement
Team



Supporting young autistic person?

DROP IN...

PEER SUPPORT FOR PARENTS & CARERS OF AUTISTIC YOUNG PEOPLE & THOSE ON THE DIAGNOSTIC PATHWAY

AT
**ACOMB GARTH
COMMUNITY CAFE CENTRE**

2 OAK RISE, YORK, YO24 ELJ

APRIL

**Thursday 6th April
11-2pm**

**Thursday 13th April
11-2pm**

**Thursday 20th April
11-2pm**

**Thursday 27th April
11-2pm**



FOR FURTHER INFORMATION CONTACT
ACCET - YORK'S AUTISM COMMUNITY
CONNECTORS & ENGAGEMENT TEAM

LOUISE ROWLEY

LOUISE.ROWLEY@NORTHYORKS.GOV.UK

Specialist Teaching Team for Autism

Wednesday Parent Support Summer 2023

Parent Group: Topic Talks virtual (a.m.) and repeated in person (p.m.)

Topic Talks led by the Specialist Teaching Team for Autism, including time for peer support.

Virtual: 10-11 a.m. On Microsoft Teams. Due to confidentiality issues, we will be unable to discuss named children during this time.

In Person: 1.30-2.30 p.m. at The YIKS All About Autism Hub, Clifton Children's Centre, (In front of Clifton Green School), YO30 6BF.

Topic Talks Summer Term 2023:

Sleep Wed 26th April 10-11a.m. online & 1.30-2.30 p.m. in person

Managing Meltdowns Wed 10th May 10-11a.m. online & 1.30-2.30 p.m. in person

Social Stories Wed 24th May 2023 10-11a.m. online & 1.30-2.30 p.m. in person

Starting School or Changing Class Wed 14th June 10-11a.m. online & 1.30-2.30 p.m. in person

Help for the Holidays Wed 28th June 10-11a.m. online & 1.30-2.30 p.m. in person

Establishing Routines Wed 12th July 10-11a.m. online & 1.30-2.30 p.m. in person

To book your **virtual place** on a Microsoft Teams session, please email your name and contact email address, stating which session(s) you would like to book to:

parentcarerautismsupport@york.gov.uk

This is an admin email address and we are unable to forward or respond to queries via this email.

Bookings close the Thursday before the session.

For **in person sessions**, you do not need to book and are welcome to simply arrive on the day. Please be aware, sessions may be busy.



Specialist Teaching Team for Autism

Wednesday Parent Support Summer 2023

Parent/Carer Phone Line and Drop-in

The Specialist Teaching Team Autism are offering parents/carers the opportunity to talk to a member of the team regarding general issues and concerns about children/young people with autism.

Phone line support: 9-12 noon 20 minutes is allocated per phone call.

In person drop-in support. 1.30-3 p.m. at The YIKS All About Autism Hub, Clifton Children's Centre, (In front of Clifton Green School), YO30 6BF

Phone line (mornings) and drop-in (afternoons) dates and times:

Wednesday 19th April 9 a.m. -12 noon & 1.30 - 3 p.m.

Wednesday 3rd May 9 a.m. -12 noon & 1.30 - 3 p.m.

Wednesday 17th May 9 a.m. -12 noon & 1.30 - 3 p.m.

Wednesday 7th June 9 a.m. -12 noon & 1.30 - 3 p.m.

Wednesday 21st June 9 a.m. -12 noon & 1.30 - 3 p.m.

Wednesday 5th July 9 a.m. -12 noon & 1.30 - 3 p.m.

Wednesday 19th July 9 a.m. -12 noon & 1.30 - 3 p.m.

To book a phone line call, please email: parentcarerautismsupport@york.gov.uk

This is an admin email address and we are unable to forward or respond queries via this email. Bookings close the Thursday before the session.

We require your name and a contact telephone number for us to contact you. We will then send you an approximate time slot for your 20 minute call.

If we receive a high volume of requests we may need to allocate spaces on the session on a first come, first served basis.

For in person drop-in sessions, you do not need to book and you are welcome to simply arrive on the day. Please be aware, sessions may be busy and you may need to wait to speak to a member of the team.



A FREE COURSE FOR PARENTING HANDLING ANGER IN THE FAMILY



**Tired of the tantrums?
Overwhelmed by the outbursts?
Shattered from the shouting?**

**Join us to explore ways to create a calmer family
environment and restore peace to family life.**

Starting on Wednesday 26th April 2023

4 weekly sessions: 7.30pm - 9.30pm

**The Gateway Centre, Front Street, Acomb,
York, YO24 3BZ**

family
mattersyork

Visit www.fmy.org.uk/york to find out more & sign up

TIME OUT FOR PARENTS: Handling Anger in the Family

5 Wednesday sessions

Starts Weds 26th April

7.30 - 9.30 pm

**@ The Gateway Centre,
Front Street, Acomb
YO24 3BZ**



**FREE
COURSE**

family
mattersyork

**This course, led by trained facilitators, will help
you to better understand, recognise and manage
anger in your family and give you the chance to
share your own thoughts and ideas. You will
quickly see you're not alone!**

For more information contact Jen Wootten

Tel: 07393 147259

Email: jenwootten@fmy.org.uk

TIME OUT FOR PARENTS: THE PRIMARY YEARS

5 Thursday sessions

**Starts Thursday 27th April
9.30 - 11.30am**

**@ The Barnabas Centre,
Salisbury Terrace, York
YO26 4XP**



family
matters_york

A course led by trained facilitators to help you support your child as they begin to find out how the world works & learn how to manage their feelings. You'll get evidence based information and an opportunity to share ideas with other parents, quickly learning that you are not alone.

For more information contact Jen Wootten

Tel: 07393 147259

Email: jenwootten@fmy.org.uk

Website: <https://fmy.org.uk/york/>

Positive Futures Parenting Support Courses



Do you want to improve your relationship with your children and young people?

Parenting children can be tough, but it can also be one of the most rewarding things you will ever do. Our **FREE Online Positive Futures parenting support course** helps you understand how to build strong and stable relationships with your children, whatever their age.

Meet and share ideas and experiences with other parents as well as learn practical skills to help you build on your strengths (because everyone has them!) and put a plan together about any changes you want to make. The course takes place online over 8 weeks and each 90 minute session is based on the latest evidence and research. You'll get an easy to read handbook and lots of help and support. After each session there will be an opportunity for participants to take part in a Q&A for up to a further 30 mins should you wish to.

- Course starts: **Wednesday 3rd May 2023 at 6pm**

It's easy to sign up! Email us at enquiries@brightsparkscic.org.uk or visit www.brightsparkscic.org.uk/positive-futures

**BRIGHT
SPARKS**



Practical advice
Meet other parents
Learn new skills

Happy Healthy Holidays

WHAT: Holiday Football Fun Course

WHEN: Tuesday 30th - Friday 2nd June

WHERE: Huntington Secondary School YO32 9WT

TIME: 10am to 3pm

REFRESHMENTS: Water, snacks and packed lunch will be provided

WHO: Families eligible for benefits-related free school meals living in York



FOUNDATION



How to book: Enter the following code Yorkie23 at https://officialsoccerschools.co.uk/yorkcity/york-city-courses/multi_activity.html

This secures your space and means you are COMMITTED to attend all course dates. You can book one or both courses. Spaces are LIMITED with bookings closing Friday 19th May 4pm. These FREE Holiday courses are designed to give young people the opportunity to get active this school holiday. Please note that if you booked onto a previous course and did not take up your space we reserve the right to withdraw bookings.