



Dring Digest w/e 26th May 2023

**Reminder that Monday 5th June is a training day
and school will be closed to all pupils.**

We look forward to welcoming you back on Tuesday 6th June 2023

Dear Parents/Carers,



➤ **Ignite Coaching - Summer 2**

Next half term we will continue to have additional sports sessions being provided by Ignite Coaching. Below is a timetable for which classes will access sessions on which dates.

Date	Classes working with Ignite
Tuesday 6th June	Class 6 Class 3 Class 4 Class 5
Tuesday 13th June	Class 3 Class 6 Class 5 Class 4
Tuesday 20th June	Class 6 Class 3 Class 9 Class 1
Tuesday 27th June	Class 8 Class 2 Class 11 Class 7
Tuesday 4th July	Class 9 Class 8 Class 10 Class 11
Tuesday 11th July	Class 2 Class 5 Class 1 Class 4
Tuesday 18th July	Class 10 Class 11 Class 7 Class 9
Tuesday 25th July	Class 8 Class 1 Class 2 Class 7

➤ **Pre-Ordering School Meals**

When selecting your child's school meals please ensure that you make payment using your bank card or account credit balance within 2hrs of making your bookings. Any meals selections which have been made but not paid for within this window of time will be automatically deleted by the system. Those children entitled to free school meals, the system makes allowances for the payment of meals but your selection still needs to be confirmed within the 2 hour window. Thanks

➤ **Online Safety and Social Media**

Following some very concerning situations at home in the last few days, we'd like to draw your attention to the factsheet below for Snapchat, as this seems to be where the majority of the problems exist.

We have found that some of our children are involved in online group-chats that have escalated to abusive language and victimisation of individuals. In some cases, we have seen evidence of chats involving individuals from other schools, and potentially localities who appear to be unknown to the children in our chats.

Please talk through your child's online presence and behaviour with them – get them to show you their chats and interactions: it's not intrusive, it's safeguarding them from harm.

The safest form of social media for children is no social media.

➤ **School Attendance Matters**

#GoingInNotMissingOut

What Parents & Carers Need to Know about SNAPCHAT AGE RESTRICTION 13+

Snapchat is an instant messaging app which allows users to send images, videos and texts to people in their friends list. One of Snapchat's unique features is that pictures and messages 'disappear' 24 hours after they've been viewed; however, this content isn't as temporary as many believe – with some users saving screenshots or using another device to take a photo of their screen. This year, Snapchat added 'My AI': a customisable chatbot with which people can chat and share secrets, as well as asking for advice and suggestions of places to visit.

WHAT ARE THE RISKS?

CONNECTING WITH STRANGERS
Even if your child only connects with people they know, they may still get friend requests from strangers. The Quick Add option lets users befriend people the app recommends – but these 'friends' are merely a username, which could have anyone behind it. Accepting such requests reveals children's personal information through the Story, SnapMap and Spotlight features, potentially putting them at risk from predators.

EXCESSIVE USE
Snapchat works hard on user engagement, with features like streaks (messaging the same person every day to build up a high score), Spotlight Challenges tempt users into spending time producing content in search of cash prizes and online fame, while it's easy for children to pass hours watching Spotlight's endless scroll of videos.

INAPPROPRIATE CONTENT
Some videos and posts on Snapchat aren't suitable for children. The hashtags used to group content are determined by the poster, so even an innocent search term could still yield age-inappropriate results. The app's 'disappearing messages' feature also makes it easy for young people (teens in particular) to share explicit images on impulse – so seeking continues to be a risk associated with Snapchat.

ARTIFICIAL INTELLIGENCE
My AI is Snapchat's new chatbot, which replies to questions in a human-like manner. However, the software is still in its infancy and has significant drawbacks, such as biased, incorrect or misleading responses. There have already been numerous reports of young users turning to AI for medical help and diagnoses, which could be inaccurate and therefore potentially dangerous.

ONLINE PRESSURES
Although many of Snapchat's filters are designed to entertain or amuse, the 'beauty' effects on photos can set unrealistic body-image expectations – creating feelings of inadequacy if a young person compares themselves unfavorably with other users. Snapchat now also has 'priority' notifications (which still get displayed even if a device is in 'do not disturb' mode), increasing the pressure on users to log back in and interact.

VISIBLE LOCATION
Snap Map highlights a device's exact position on a virtual map which is visible to other users. There are options to restrict who can see this information: all friends, only you (Ghost Mode) or selected friends. Snapchat also has real-time location sharing, which is intended as a buddy system to ensure friends have reached home safely – but which could also be used to track a young person for more sinister reasons.

Advice for Parents & Carers

TURN OFF QUICK ADD
The Quick Add feature helps people find each other on the app. This function works based on mutual friends or whether someone's number is in your child's contacts list. Explain to your child that this could potentially make their profile visible to strangers. We recommend that your child turns off Quick Add, which can be done in the settings (accessed via the cog icon).

CHOOSE GOOD CONNECTIONS
In 2021, Snapchat rolled out a new safety feature: users can now receive notifications reminding them of the importance of maintaining connections with people they actually know well, as opposed to strangers. This 'Friend Check Up' encourages users to delete connections with users that they rarely communicate with, to maintain their online safety and privacy.

DISCUSS AI
Although My AI's responses can often give the impression that it's a real person, it's essential that young people remember this certainly isn't the case. Encourage your child to think critically about My AI's replies to their questions: are they accurate and reliable? Remind them that My AI shouldn't replace chatting with their real friends, and that it's always better to talk to an actual person in relation to medical matters.

CHAT ABOUT CONTENT
It may feel like an awkward conversation (and one that young people can be reluctant to have) but it's important to talk openly and non-judgementally about sexting. Remind your child that once something's online, the creator loses control over where it ends up – and who else sees it. Likewise, it's vital that children understand that some challenges which become popular on the platform may have potentially harmful consequences.

KEEP ACCOUNTS PRIVATE
Profiles are private by default, but children may make them public to gain more followers. Snap Stories are visible to everyone your child adds, unless they change the settings. On SnapMaps, their location is visible unless Ghost Mode is enabled (again via settings). It's safest not to add people your child doesn't know in real life – especially since the addition of My Places, which allows other Snapchat users to see where your child regularly visits and checks in.

BE READY TO BLOCK AND REPORT
If a stranger does connect with your child on Snapchat and begins to make them feel uncomfortable through bullying, pressure to send explicit images or by sending sexual images to them, your child can select the three dots on that person's profile and report or block them. There are options to state why they're reporting that user (annoying or malicious messages, spam, or masquerading as someone else, for example).

Meet Our Expert
Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.

NOS National Online Safety®
#WakeUpWednesday

Source: <https://www.snapchat.com/children/uk/13+> | <https://www.snapchat.com/parents/uk/13+> | <https://www.snapchat.com/ai> | <https://www.snapchat.com/ghost-mode> | <https://www.snapchat.com/quick-add> | <https://www.snapchat.com/friend-check-up> | <https://www.snapchat.com/my-places> | <https://www.snapchat.com/snap-map> | <https://www.snapchat.com/spotlight> | <https://www.snapchat.com/streaks> | <https://www.snapchat.com/strangers> | <https://www.snapchat.com/visibility> | <https://www.snapchat.com/who-to-add>

[@nationalonlinesafety](https://twitter.com/nationalonlinesafety) [/NationalOnlineSafety](https://www.facebook.com/NationalOnlineSafety) [@nationalonlinesafety](https://www.instagram.com/nationalonlinesafety) [@national_online_safety](https://www.tiktok.com/@national_online_safety)

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Not going to school every day can make your child more worried about going in.

For more information on school absence in York visit:
www.york.gov.uk/SchoolAttendance



➤ **Dring Summer Picnic Lunch – Monday 17th July**

To celebrate the end of another great academic year at Dring we are hosting a Summer Picnic. The picnic will be held on Monday 17th July and our picnic items will include a choice of Ham or Cheese sandwich, crisps, cake and a piece of fruit. The picnic will be charged at £2.40 each and orders can be placed in the usual manner on ParentPay. Thanks

➤ **Uniform Reminder**

Please can ensure that children are attending school in correct and appropriate school uniform.

All children at Dringhouses Primary School wear uniform.

The uniform is easily obtainable and is as follows:

Red Sweatshirt (not hooded) or cardigan,

Trousers or shorts – grey or black,

Skirt/Pinafore – grey or black or gingham dress

Polo Shirt – red or white,

Trainers / shoes (no heels or open toes)

PE/Games

T-Shirt – white

Shorts – black

Plimsolls or trainers (indoor and outdoor PE)

Tracksuit (for field activities) – Grey, black or red

Please Note: PE kits should be kept in school all week and all items fully named.

Jewellery

For safety reasons, jewellery must not be worn in school. However, if your child has pierced ears, only the smallest of studs should be worn; these must be removed for PE. Watches may be worn, but must also be removed for PE.

We work in collaboration with the name-tag company STIKINS – for every set of labels ordered through their website, via this link, we earn a commission for the school! The fundraising code to use is **6152**.

Click here to order Stikins name labels and raise money for the school.



Looking After Your WELLBEING ONLINE

We all know that taking care of our minds and bodies is essential to keep us feeling happy and healthy. The thing is, we spend so much of our time online these days that it's also important that we remember to look after ourselves in the digital world, too. Our poster has got some simple but useful tips for supporting your wellbeing while you're gaming, on social media or just using the internet.

TAKE CARE WHAT YOU SHARE! (on a laptop screen)

CHECK YOUR PRIVACY SETTINGS (on a Nintendo Switch)

AVOID COMPARING YOURSELF TO OTHERS (on a tablet showing a social media post with 24 likes)

TRACK YOUR SCREEN TIME (on a wooden sign)

TAKE BREAKS (on a game controller)

REPORT INAPPROPRIATE CONTENT (on a diamond-shaped sign)

BE KIND & BE CAREFUL (on the boy's tank top)

PAUSE BEFORE YOU POST (on a sign next to a mailbox)

BLOCK BULLIES (on a smartphone)

SPEAK UP AGAINST HARMFUL BEHAVIOUR (on a pink sign)

GO TECH FREE BEFORE BED (on a wooden sign next to a doghouse)

STAY ACTIVE OFFLINE (on a yellow sphere)

NOS National Online Safety® #WakeUpWednesday (on a laptop)

LOOK FOR POSITIVE COMMUNITIES (in a blue banner at the bottom)

[@natonlinesafety](https://twitter.com/natonlinesafety) [/NationalOnlineSafety](https://www.facebook.com/NationalOnlineSafety) [@nationalonlinesafety](https://www.instagram.com/nationalonlinesafety) [@national_online_safety](https://www.tiktok.com/@national_online_safety)

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Autism Support Group

Virtual Drop in Session



for Parents and Carers

Grab a cuppa and join us for a chat twice a month

- 6-7pm On the first Wednesday of every Month.
- 10-11am On the third Tuesday of every Month.

Hosted via MS Teams

To attend please email

susan.mcnaught-boyd@northyorks.gov.uk

lois.boothman@northyorks.gov.uk

louise.rowley@northyorks.gov.uk



Autism
Community
Connector and
Engagement
Team



OFFICIAL

Specialist Teaching Team for Autism

Wednesday Parent Support Summer 2023

Parent Group: Topic Talks virtual (a.m.) and repeated in person (p.m.)

Topic Talks led by the Specialist Teaching Team for Autism, including time for peer support.

Virtual: 10-11 a.m. On Microsoft Teams. Due to confidentiality issues, we will be unable to discuss named children during this time.

In Person: 1.30-2.30 p.m. at The YIKS All About Autism Hub, Clifton Children's Centre, (In front of Clifton Green School), YO30 6BF.

Topic Talks Summer Term 2023:

Sleep Wed 26th April 10-11a.m. online & 1.30-2.30 p.m. in person

Managing Meltdowns Wed 10th May 10-11a.m. online & 1.30-2.30 p.m. in person

Social Stories Wed 24th May 2023 10-11a.m. online & 1.30-2.30 p.m. in person

Starting School or Changing Class Wed 14th June 10-11a.m. online & 1.30-2.30 p.m. in person

Help for the Holidays Wed 28th June 10-11a.m. online & 1.30-2.30 p.m. in person

Establishing Routines Wed 12th July 10-11a.m. online & 1.30-2.30 p.m. in person

To book your **virtual place** on a Microsoft Teams session, please email your name and contact email address, stating which session(s) you would like to book to:

parentcarerautismsupport@york.gov.uk

This is an admin email address and we are unable to forward or respond to queries via this email.

Bookings close the Thursday before the session.

For **in person sessions**, you do not need to book and are welcome to simply arrive on the day. Please be aware, sessions may be busy.



Specialist Teaching Team for Autism

Wednesday Parent Support Summer 2023

Parent/Carer Phone Line and Drop-in

The Specialist Teaching Team Autism are offering parents/carers the opportunity to talk to a member of the team regarding general issues and concerns about children/young people with autism.

Phone line support: 9-12 noon 20 minutes is allocated per phone call.

In person drop-in support. 1.30-3 p.m. at **The YIKS All About Autism Hub, Clifton Children's Centre, (In front of Clifton Green School), YO30 6BF**

Phone line (mornings) and drop-in (afternoons) dates and times:

Wednesday 19th April 9 a.m. -12 noon & 1.30 - 3 p.m.

Wednesday 3rd May 9 a.m. -12 noon & 1.30 - 3 p.m.

Wednesday 17th May 9 a.m. -12 noon & 1.30 - 3 p.m.

Wednesday 7th June 9 a.m. -12 noon & 1.30 - 3 p.m.

Wednesday 21st June 9 a.m. -12 noon & 1.30 - 3 p.m.

Wednesday 5th July 9 a.m. -12 noon & 1.30 - 3 p.m.

Wednesday 19th July 9 a.m. -12 noon & 1.30 - 3 p.m.

To **book a phone line call**, please email: parentcarerautismsupport@york.gov.uk

This is an admin email address and we are unable to forward or respond queries via this email. Bookings close the Thursday before the session.

We require your name and a contact telephone number for us to contact you. We will then send you an approximate time slot for your 20 minute call.

If we receive a high volume of requests we may need to allocate spaces on the session on a first come, first served basis.

For in person drop-in sessions, you do not need to book and you are welcome to simply arrive on the day. Please be aware, sessions may be busy and you may need to wait to speak to a member of the team.





Monthly Drop In Sessions



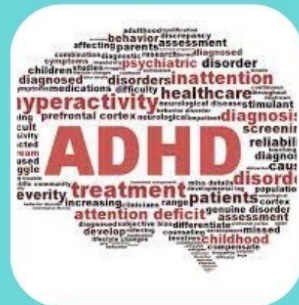
PARENT AND CARER SESSIONS

We understand that it is important to be heard and support received where needed. Drop along to one of our monthly sessions to support you whilst you support your young person.

YORK INSPIRATIONAL KIDS CIC

**Pathological
Demand
Avoidance
(PDA)**

Emotionally Based
EBSA
School Avoidance



**Challenging
Violent or
Aggressive
Behaviour:**

4 May
8 June
6 July

11 May
15 June
13 July
Young people welcome

20 April
18 May
22 June
20 July

27 April
25 May
29 June

All sessions 9.30-11am Clifton Children's Centre, YO30 6JA
For more information tel 07563232838
www.yiks.co.uk