



Dear parents and carers,

In February, I sent all parents a copy of the new Relationships, Sex and Health Education policy and informed you that as a school we will no longer be using Big Talk Education to deliver this section of the curriculum and will now deliver it in PSHE lessons. In weeks 5 and 6 of this half term, during our PSHE lessons, Y5 and 6 will have these lessons covering the RSE objectives of the curriculum. These objectives are:

Growing and changing - Puberty

- Identify the external genitalia and internal reproductive organs in males and females and how the process of puberty relates to human reproduction
- Know about the physical and emotional changes that happen when approaching and during puberty (including menstruation, key facts about the menstrual cycle and menstrual wellbeing, erections and wet dreams)
- Know about how hygiene routines change during the time of puberty, the importance of keeping clean and how to maintain personal hygiene
- Recognise different types of physical contact; what is acceptable and unacceptable; strategies to respond to unwanted physical contact

Growing and changing - How are babies made?

- Know what sexual intercourse is, and how it can be one part of an intimate relationship between consenting adults
- Know how pregnancy occurs i.e. when a sperm meets an egg and the fertilised egg settles into the lining of the womb

Growing and changing - Being me!

- Know about personal identity and what contributes to it, including race, sex, gender, family, faith, culture, hobbies, likes/dislikes
- Know that for some people their gender identity does not correspond with their biological sex
- Recognise, respect and express their individuality and personal qualities

We will be delivering these lessons following the Twinkl Life lesson scheme which is a certified scheme that is widely used across the country. I will be sharing the resources and lesson slides with you once we have access to them the week before we deliver these lessons. Please look out for this email and ensure you have a look through them so that you can support this learning at home too as I'm sure the children will come home with questions and want to share their learning with you.

If you have any queries or questions about this then please don't hesitate to contact me via the hello email account. I have attached the updated RSE policy to this email for you to look over again if you would like to.

Best wishes, Emily Robinson



St. Helen's Road, York, YO24 1HW | 01904 553940

Family contact - hello@dringhouses.co.uk | All other enquiries - admin@dringhouses.co.uk